



BROADWATER ACADEMY

Student+Family+Coach
Athletic Handbook
2018 - 2019

PHILOSOPHY OF BROADWATER ATHLETICS

The athletic program at Broadwater Academy is an integral part of the school's overall educational experience. It contributes to the physical, mental, social and emotional well being of every student in a manner consistent with the school's overall philosophy and objectives.

The athletic program provides competition at multiple levels, it develops good sportsmanship, physical fitness, physical abilities and self-discipline; it encourages initiative, leadership, and judgment; and it gives each student the opportunity to handle the challenges of competition while learning to deal appropriately with both success and failure.

JJV and JV teams exist as developmental squads whose primary purpose is to teach and hone the skills necessary to compete at the Varsity level. At the Varsity level competition is key and winning games is a primary, but not exclusive, goal. This distinction in purpose explains the differing approaches to playing time at each level through every coach will have his or her own way to handle the issue of playing time.

Safety is always a primary concern in any activity involving students and coaches will require mouthpieces when appropriate. Every student engaged in an athletic program will be required to submit to concussion baseline testing prior to the conclusion of the first two weeks of practice or before contact in practice begins, if earlier.

ATHLETIC PROGRAMS OFFERED

JJV (Grades 5-8)

- Baseball (boys) / Spring Season
- Basketball (boys and girls) / Winter Season
- Cheerleading (girls) / Fall and Winter Seasons
- Volleyball (girls) / Fall Season
- Football (boys) / Fall Season
- Softball (girls) / Spring Season

JV (Grades 6-10)

- Baseball (boys) / Spring Season
- Basketball (boys and girls) / Winter Season
- Cheerleading (girls) / Fall and Winter Seasons
- Football (boys) / Fall Season
- Softball (girls) / Spring Season
- Track (boys and girls) / Spring Season
- Volleyball (girls) / Fall Season

Varsity (Grades 8-12)

- Baseball (boys) / Spring Season
- Basketball (boys and girls) / Winter Season
- Cheerleading (girls) / Fall and Winter Seasons
- Cross Country (boys and girls) / Fall Season
- Football (boys) / Fall Season
- Golf (Coed) / Spring Season
- Soccer (Coed) / Spring Season
- Softball (girls) / Spring Season
- Swimming (Coed) / Winter Season
- Track (boys and girls) / Spring Season
- Volleyball (girls) / Fall Season

PARTICIPATION ELIGIBILITY

Participation in Broadwater Athletics is a privilege extended to all students who maintain good attendance and good academic standing. Students must meet academic grade standards as defined by Broadwater Academy and the Metro Athletic Conference by-laws to be able to participate in and compete on an interscholastic team.

- Only full-time students may participate in athletic functions. A full-time student is defined as one who takes a minimum of five academic courses per semester. Academic courses for grades 5-8 are Language Arts, Math, Science and Social Studies. Grades 9-12 academic courses are English, Math, Science, Social Studies and Foreign Language.
- To be eligible to participate in interscholastic athletics, athletes must maintain a grade point average of 2.5 in their academic courses on each quarterly report card. If they receive an "F" on a report card they become ineligible. The student's academic performance determines participation in the fall sports program during the previous spring quarter. (During the 2018- 2019 school year students must have at least a 2.5 GPA by the end of Quarter 1)
- Students who transfer into Broadwater will follow the same eligibility guidelines based on their grades from their previous school.
- Athletes suspended from school will be automatically suspended from practices and/or games or a time period to be determined by the Director of Middle and Upper Schools.
- Athletes may not participate in practices or games until parental permission slips are returned to the school. Parents and students alike must read and agree to be bound by the requirements and guidelines for athletic involvement at Broadwater Academy.

These rules of eligibility apply to all team members.

PRACTICE/GAME ATTENDANCE

Practices are very important to athletic teams. This is the time when the team develops unity, teamwork, skills, game strategies, and self-discipline. It is expected that athletes will place a high priority on practice time. "After school" practices will begin at 3:30 pm.

- Players not in school at the beginning of the school day (8:10) may not participate in practice or a game that day, unless permission has been granted by the Athletic Director or the Dean of Students or Director of Academics prior to the morning of the late arrival at school.
- Each coach will set his or her practice times a minimum of 1 week in advance. Practices will begin and end promptly. Practices will not exceed two hour and teams will practice no more than 5 times in one calendar week..

- Whenever there is practice or a game, athletes will be in attendance unless they have permission from their coach to be absent. Excused absences from practices or games will be granted for personal illness, death in the family, or special family occasions.
- Practices or games missed for work and outside functions will not be excused. These events, although valuable, cannot interfere with the athletic schedule.
- Athletes must attend the entire practice or game unless prior permission is given from the coach.
- Injured athletes who cannot physically participate are expected to attend all practices and games, to support their team. Practice exceptions are for physical therapy or other medical related appointments. During all games, injured athletes will sit on the bench with the team.
- Athletes not able to attend a practice or game due to an excused absence must personally notify the coach as far in advance as possible.
- There are three major vacation periods during the fall, winter and spring seasons. Fall seasons begin prior to the end of summer vacation (1st Monday in August or later at the discretion of the coach), Christmas vacation occurs during winter seasons along with spring break during spring seasons. Coaches are aware many families plan trips during these times; however, with limited time to schedule all games in a season there is no guarantee there will not be games during vacation breaks. Games and practices during these periods are scheduled in order to provide team members with a reasonable amount of family time. There will be no penalty for missed games or practices during school vacation periods.

CONDUCT AND DRESS

Conduct

Athletes are in strategic positions to give others an impression of our school. That responsibility must not be taken lightly. Athletes are expected to conduct themselves as ladies or gentlemen, and as Broadwater representatives at all times—on and off the field or court.

- Athletes willfully damaging the property of Broadwater Academy or any opposing school are liable for the damages and will be subjected to appropriate disciplinary action.
- Athletes will show proper respect for their teammates, coaches, officials, and fans at all times.
- No taunting or disrespect directed at the opposing players, coaches, fans, or referees will be tolerated at any time.

Dress (travel attire)

- At a minimum, the athlete will adhere to the dress code at all home and away games as defined in the student handbook.
- Individual coaches may set special standards for special situations with the approval of the Athletic Director.
- Tattoos and visible piercings must be covered for all athletic contests.
- Travel dress requirements are defined in the Broadwater Student Handbook.

SPORTSMANSHIP

Student athletes and spectators should:

- Cheer for Broadwater and not against anyone. “Booing” or making degrading remarks to anyone (i.e. opposing players, opposing fans, referees) will not be tolerated.
- Avoid anything that may lead to destructiveness or misuse of property, such as beating the sides of the gym or banging the bleachers.
- During basketball games make NO disruptive noises during free throws for either team.
- Remain off the playing floor or field at all times including the time before the contest begins, during halftimes and other breaks in actions, and after the contest is over.
- Pick up and properly dispose of one's own trash.

Abuse of any of these student athlete and spectator guidelines may result in removal from the premises.

DISCIPLINARY ACTIONS

Participation in athletics is an honor and a privilege as our athletes are public examples to other students. Violation of the guidelines in this manual may result in disciplinary action (i.e. game suspension or team dismissal). The Athletic Director, Administration, and Head Coach together have the authority to remove an athlete from any team when necessary.

- Technical Fouls and Ejections: Any athlete receiving a conduct technical foul or verbal caution will be required to meet with the head coach for discussion of the athlete's behavior. Any athlete receiving a caution or technical in two consecutive games will immediately be removed from that game for a period of time as deemed appropriate by the head coach. Any additional misconduct will result in a meeting with the coach, athlete, the parents, and the Athletic Director.
- Suspensions: Any athlete receiving a school suspension for any reason will not be allowed to participate in any competitions during the suspension period and may be removed from the team as determined by the school's administration.

UNIFORMS, EQUIPMENT, AND FEES

Uniforms will be used for games only. Uniforms remain the property of Broadwater Academy and are to be properly laundered and returned within 7 days of completion of every athletic season. In the event a uniform is not returned, a fine will be billed to the athlete and his/her parents and the next term's report card will be held by the school office until the fine is paid in full.

- Equipment will be issued and used only in the way intended for that particular sport.
- An athletic participation fee may be charged for each sport during the year. This fee (as determined annually by the school administration) will be billed once the roster is established.

PLAYING TIME POLICY

It is assumed parents will instruct and prepare their children for a competitive interscholastic program at Broadwater. The students need to be prepared for the possibility they may not make the team or, if they do, that being a member of a team does not guarantee playing time. Valuable lessons are learned by simply "being part of the team. Success is not synonymous with playing time, but is defined by contributions made.

- At the JJV level, each athlete will play in every game. However, no minimum amount of playing time is guaranteed.
- At the Jr. Varsity and Varsity levels coaches will choose a starting lineup and develop their "substitution" plans appropriately. Generally, the players best uniting as a team will receive the majority of the playing time. Substitutions are made at the coach's discretion.
- No athlete will be allowed to "quit" any team once selected without a parental conference with the head coach. Students should not consider lack of playing time a compelling reason to resign from a team.

"THE PARENT WILL..."

Support his/her child's team and the rest of the athletic program in whatever way possible.

Anticipated support includes:

- attending as many games as possible.
- volunteering to help both in the concession stand during athletic contests and with travel arrangements.
- make certain the athlete attends all practices and games, arriving and departing from these events at the specified times.
- encourage his/her child to be involved in individual and/or off-season workouts and conditioning.

APPROPRIATE PARENTAL CONCERNS

Any concerns a parent has concerning the team or his/her athlete, should be expressed directly to the coach. Talking about a coach to students, other coaches, or other parents is a destructive not a constructive behavior.

Appropriate parental concerns to discuss privately with coaches include:

- the treatment of your student-athlete
- concerns about your student's behavior and/or attitude
- your student's academic standing.
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Inappropriate parental concerns include:

- playing time
- team strategy
- play calling
- other student athletes

NOTE: At times, it may be difficult for parents to understand and accept that their athlete is not getting as much playing time as they would like. If there is something parents do not understand concerning the playing time situation, they may inquire as to what the coach thinks would help the athlete get more playing time. Playing time is at the coach's discretion, and should not be an item of regular discussion.

INCLEMENT WEATHER POLICY

Games are often cancelled due to inclement weather or poor field conditions as a result of inclement weather.

- The Athletic Director makes the final decision regarding the cancellation of games.
- The team head coach makes the final decision regarding the cancellation of practice.
- During school hours, information will be announced to classes and a sign will be posted on the gymnasium main entrance and side locker room doors.
- If at any time school closes early or is not opened due to weather, teams will not have practice.

TRANSPORTATION GUIDELINES

In order to arrive as a team, all athletes must ride "school provided" transportation to away games. The athlete may return home by a different means if they have parental permission and have made arrangements with the coach. Athletes who drive from school to meet the bus at a determined location may not carry other passengers and must have permission from the parent and coach.

MULTIPLE ACTIVITIES AND MULTIPLE SPORTS

Students choosing to participate in multiple activities or multiple sports or a combination of activities and sports must declare one to be the primary activity or sport. This allows coaches and sponsors to understand where a student's primary focus lies. Choosing to participate in multiple sports also requires no grade below a C in the quarter preceding the season in which the student wishes to participate in multiple sports. Multiple sports is defined as more than one sport or activity under the auspices of the athletic department.

Primary and secondary activities

- **Primary Activity:** The activity on which the student places the greatest priority. The student will be expected to be available for all major events and practices as determined by the coach or sponsor of that activity unless previous arrangements have been made and agreed upon by the coach or sponsor.
- **Secondary Activity:** The activity or activities in which the student will participate, as agreed with the primary coach or sponsor, parent, and student when it does not conflict with the obligations and responsibilities of the primary activity.
- Parents of students and students choosing to participate in multiple activities (e.g. sports, fine arts, Arts Enter, ESO, AAU teams)
- during a single sports season are asked to give consideration to the following when prioritizing their activities:
- To make mature, thoughtful and intelligent activity designations, the decision should be based on a student's talents, time constraints, support from the group, and lifetime interests.
- Certain activities simply do not complement each other in such a way as to be practical for simultaneous participation.
- Once activities have been decided upon:
- The student must declare his/her primary and secondary activities at the beginning of the season. Record of this designation will be kept in the Athletic Director's office.
- The parent of the student must give permission for participation in multiple activities.
- The student must notify each coach or sponsor of his or her intention to participate in multiple activities at the beginning of the season. The student should provide each coach or sponsor with information concerning requirements and scheduling so scheduling conflicts can be anticipated and addressed by the student, the coaches, or activity sponsors

- Only one primary activity will be allowed per season.
 - The coach or sponsor has the right to disallow participation in his/her sport or activity should he/she feel the student's other commitments are so demanding the student would be unable to fulfill them.
 - Any athlete participating in two sports during the same season is only eligible for captancy of the one sport he/she has claimed as his/her primary sport.
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AWARDS AND RECOGNITION

At regular intervals the school recognizes the success of our student-athletes formally.

- An awards ceremony occurs at the end of each season to recognize each team and its members for their collective and individual achievements.
 - Each player is expected to attend these ceremonies.
 - Team "travel attire" is to be worn by the student athletes at the ceremonies.
 - Pep rallies will be scheduled throughout the year so our student-athletes can be recognized among their peers for their achievements and as role models for our younger student body.
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BROADWATER ATHLETICS WEBSITE

The athletic department maintains an athletic section with a sports calendar on the Broadwater website. The website can be found at www.broadwateracademyathletics.org. All sports events and cancellations are posted to our athletic calendar as soon as possible

CHANGES

NO CHANGES TO THESE RULES AND GUIDELINES MAY BE MADE WITHOUT THE CONSENT OF THE SCHOOL ADMINISTRATION.