

**METROPOLITAN
ASSOCIATION
OF SCHOOLS**
Hampton Roads, Virginia

CONSTITUTION

ARTICLE I

The name of the organization shall be The Metropolitan Association of Schools (hereby referred to as MAS). The name of the athletic division shall be the Metro Athletic Conference (hereby referred to as MAC).

ARTICLE II

The purpose of this association will be to foster voluntary participation among member schools in a broad variety of activities – competitive and co-curricular – which will enrich the program of each participating school, and better enable it to achieve its goal of developing well-rounded, well-educated, well-mannered graduates. Among these activities will be athletic, fine arts, academic events, and any other appropriate program.

All MAS member schools are expected to place the MAS, its constitution, its goals and its purposes above any personal or private commitments or allegiances, thereby avoiding conflicts of interest. The unified commitment to MAS, superceding all individual agendas, is expected to be evidenced by the actions and communications of heads of schools and athletic directors on behalf of the MAS. MAS heads of schools are expected to adamantly oppose parties, including parents, board members, staff members, faculty or students from advocacy of litigation or litigation itself. Failure of a MAS head of school or athletic director to fulfill this expectation is grounds for disciplinary action which could include suspension and/or expulsion from the MAS.

ARTICLE III

Membership shall be open to non-public schools in the Chesapeake Bay area which desire to participate, and which subscribe to the MAS constitution and by-laws.

All member schools shall be deemed to be full, voting members. Full voting membership shall be revoked by majority action of MAS should a member school fail to be represented at two consecutive meetings whether regular or called.

Schools whose membership is revoked by MAS shall not be eligible for re-admission to membership for twelve months after revocation.

Continued membership of any member school which experiences a change in organizational structure will be reviewed.

Article IV

Admission to the MAS shall be contingent upon the following:

1. A curriculum-based, developmentally appropriate program of education for students in one of the following grade ranges: 7-12, 9-12, or NK-12. Submission of a stated Philosophy of Education and objectives which indicate a commitment to traditional, Judeo-Christian moral and ethics as expressed in the Scriptures of those faiths.
2. Proof of charter establishing the school as a not-for-profit (i.e., IRS recognized 501c3) educational institution whose purpose is to serve the educational needs of persons within the Chesapeake Bay area.
3. A completed application form, non-refundable fee, and other documents as required by MAS.
4. Must be accredited by an association recognized by the Virginia Council for Private Education.
5. Must participate in six of eight major varsity sports of the following: girls and boys' basketball, girls and boys' soccer, baseball, softball, volleyball, and golf.
6. Must have a minimum of 75 students in grades 9-12.
7. Must have adequate facilities approved by the conference.
8. Must not hold membership in any other conference in a sport that is a part of MAC.
9. Approval of a majority of member schools.

Members as of February 2008

Alliance Christian Academy
Atlantic Shores Christian Schools
Broadwater Academy
Denbigh Baptist Christian Schools
Hampton Christian Academy
Isle of Wight Academy
Portsmouth Christian Schools
StoneBridge School
Williamsburg Christian Academy

ARTICLE V

Annual/one time fees shall be set and approved by a majority of member schools participating in the activity. Annual fees are to be paid on or before August 30th. One-time fees must be paid prior to the activity.

All monies (dues, application fees, participating fees, etc.) paid into the MAS account are non-refundable for any reason. Each individual event (Athletic, Music, etc.) will have its own separate budget under MAS and will be responsible for all indebtedness. In the event that an individual event makes a profit, the profit will remain in the individual event's MAS account.

ARTICLE VI

Officers shall be elected annually at the summer meeting by a majority of member schools to serve in the following areas of responsibility to MAS:

- President:** The President of MAS shall serve as the person responsible for direction and orderly participation of all member schools in MAS. Among the President's duties shall be the convening of all meetings held during term of office, provision of vision and direction for MAS and its programs, general oversight and coordination of programs and services offered by MAS, mediation of conflicts and disagreements between member schools and the completion of other tasks as required by MAS.
- Vice-President:** The Vice-President of MAS shall serve as assistant to the President, encouraging and enabling the President in any way necessary or beneficial to achieve necessary tasks of that office. The Vice-President shall serve, in the event that the President is unable to, as the President pro-tem of MAS, and shall have all attendant responsibilities and privileges.
- Secretary:** The Secretary of MAS shall be responsible for all formal communication among the member schools. Such communication shall include, but not be limited to, minutes of meetings, change/proposed changes to constitution or by-laws, listings of membership, communications concerning programs or services, etc.
- Treasurer:** The Treasurer of MAS shall be responsible for the financial management of MAS, and for oversight of association programs and services. The Treasurer shall be responsible for management of accounts receivable (including collection of dues and fees) and accounts payable, and for arranging for annual review of association funds.

Officers of MAS shall be Chief Administrative Officers of member schools.

Officers of MAS shall serve for no more than two consecutive years in any office. Recall of officers may be accomplished with a vote of a majority of the member schools.

ARTICLE VII

A quorum for conduct of MAS business shall be established by attendance of a majority of the members.

ARTICLE VIII

Regular meetings of MAS shall be held at least quarterly, beginning with the summer meeting, at a time and place to be announced by the President no less than ten days prior to the meeting. Emergency meetings shall be called at the discretion of President, or upon action of a majority of the member schools. All member schools shall be notified of emergency meetings no less than forty-eight hours in advance of said meeting.

ARTICLE IX

Voting on matters of MAS business shall be conducted according to the following guidelines:

- Each member school shall have one (1) vote, which shall be cast by the Chief Administrative Officer of the school or designee. Persons voting in the stead of the Chief Administrative Officer shall cast a binding vote for the school which she/he represents.
- Any member school not in attendance when a vote is taken shall forfeit the right to register a vote on the matter voted upon.
- Only schools participating in an activity can vote on the business of the activity.

ARTICLE X

The chief administrative officers of the member schools shall comprise the executive committee. The committee shall consider all concerns, complaints, and protests of member schools, and is the final authority for all Association matters.

ARTICLE XI

Amendments to this constitution shall require a 2/3 vote of member schools; amendments to the by-laws of MAS can be made by a majority vote of MAS. Such amendments must be presented at a regularly scheduled business meeting, when discussion of the proposed amendment shall be allowed. Final voting on acceptance of proposed amendments shall be conducted at the next regularly scheduled meeting of MAS after the amendment is proposed.

**METROPOLITAN
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BY-LAWS

GENERAL:

- 1.01 The MAS agrees to abide by the Official Policies and Guidelines of the Virginia Independent Schools Athletic Association (VISAA).
- 1.02 All decisions reached in divisional activities of MAS are subject to final review and approval of the membership. The membership of MAS shall be comprised of those schools whose membership has been approved by MAS, whose Association financial responsibilities have been met, and who are represented by their Chief Executive Officer or designee at Association meetings.
- 1.03 Only members in good standing of the Metropolitan Association of Schools are eligible to participate in activities of MAS.
- 1.04 MAS membership year shall follow the academic year, beginning on 1 July of the current year, and ending on 30 June of the next calendar year.
- 1.05 The meetings of MAS shall be governed by *Robert's Rules of Order*.
- 1.06 A roster of all eligible participants for an Association activity shall be submitted on an appropriate Association form to the secretary of MAS prior to the beginning of that activity/season. Update to eligibility shall be made forty-eight hours prior to a student's initial involvement in an activity team/squad.
- 1.07 No item will be discussed at an Association meeting which is not listed on the agenda. Items may be added to the agenda until seventy-two (72) hours before the meeting.

ATHLETICS:

- 2.01 The Athletic division of the MAS shall consist of one representative – preferably the Athletic Director – of each member school.
- 2.02 A chair and secretary of the Athletic division shall be appointed to serve for a period of one (1) year, by a vote of MAS membership at the October meeting. Nominations for chair and secretary shall be accepted by the membership from the Athletic Director
- 2.03 The Chairman shall be responsible for the orderly participation of all members' schools in the meetings held throughout the school year. The Chairman will preside at all meetings and will carry out business as designated by MAS schools. Secretary - The secretary will be responsible for all communications that need to be sent to the schools and for the regulations of all minutes, notes and information regarding the by-laws and constitution of the conference. He/she is also responsible for calling in to the respective newspapers of the conference members information provided by the coaches or athletic directors.
- 2.04 No person shall remain in the same office for more than two consecutive years.

- 2.05 Each member school shall have one vote. If an alternate is used to cast this vote, the alternate shall be appointed by the Chief Administrator of the participating school. This verification shall be in writing and presented to the Chairman prior to any vote. Voting by proxy can be permitted at the administrators' discretion. School representatives will be present at each meeting and failure to be present may result in a loss of voting privilege for those issuers.
- 2.06 A majority of the total membership shall constitute a quorum.
- 2.07 Four regularly scheduled meetings should be held during the school year.
- 2.08 Amendments to these By-laws can be submitted to the administrators by a majority vote. All amendments to the By-laws must be offered in a regularly scheduled meeting. Special called meetings will not qualify for amendment changes. In accordance with MAS By-law 1.01 any changes must have final approval of the MAS.
- 2.09 All conference sports to be played by member schools of MAS during the following academic year will be determined by the membership of MAS prior to 1 March of the current academic year.
- 2.10 The beginning dates of all sports played under the auspices shall be set by the Athletic division subject to final approval of the membership of MAS.
- 2.11 Admission fees to association athletic events shall be determined by the members of the Athletic division, and shall be approved by the membership of MAS.
- 2.12 Athletic Directors and Coaches of any given sport will be in charge of that sport during the participation of a school's team in a contest. It must be noted that the Chief Executive Officer of each member school has final authority for all athletic contests played by members of, or on the facilities of, that school.
- 2.13 Sports to be played for the coming school year shall be designated during the February regularly scheduled meeting. Sports will be determined by the number of schools that will be participating.
- 2.14 The beginning dates for all sports will be determined at the February meeting, Practice dates will also be discussed at this time.
Off-season workouts: (Usually beginning with August 1, November 1 and March 1.)
No official organized and/or mandatory practice until these established dates.

2.15 All conference athletic events for the coming year will be scheduled in a regularly scheduled meeting during the month of February. Games are to be scheduled within a school's calendar. Any cancellation of games must be made and rescheduled by the ADs of the participating schools. Any team that fails to show, forfeits the game and must pay for the officials for the game situation. It should be noted that conference games always take precedence in each member's school's scheduling process. If a game must be dropped to schedule a conference game, it is absolutely essential that non-conference games be dropped first in order to meet the conference schedule.

2.16 Officials

- a. Officials at all contests in boys' soccer, basketball and baseball from junior high to varsity must be certified.
- b. Officials at all girls' basketball, volleyball, soccer and softball from junior high to varsity must be certified.
- c. If in the event that two officials are not present at the same time, the two participating coaches will decide to play with one official present or to reschedule a non-conflicting date.
- d. All contests shall be played in accordance with the National Federation of State High School Athletic Association Rule Book unless specific exemption has been made by a vote of the athletic division.
- e. An exception to (d) is for volleyball which will follow USA rules- JJV and JV will play 2 out of 3 games. Games 1 and 2, 25-point rally, game 3, 15- point rally with no caps. Varsity will play 3 out of 5 games. Games 1 through 4, 25-point rally; game 5, and 15 point rally with no caps.

2.17 Student Eligibility: To be eligible to represent Association schools in any Association activities a student must meet the following regulations.

a. Bona Fide Student Rule

A bona fide student is defined as one who attends a member school, takes a minimum of five academically credited courses per semester, and has not been granted a diploma by any high school or home education program.

b. Age Rule

1. No student who turns 19 prior to August 1 of the current academic year may participate in a varsity sport.
2. No student who turns 17 prior to August 1 of the current academic year may participate in a junior varsity sport.
3. A copy of a birth certificate is to be filed with MAS if requested by MAS.

c. Semester Rule

1. Ten semesters of eligibility shall be allowed for each student beginning the first semester of the freshman year.
2. Senior Definition - Attending academic classes while classified as a senior at any school marks the student's last year of eligibility. A student who has been classified as a senior at any school, who then transfers to another school, may compete in MAS events during that transfer year only. The student may not gain additional eligibility thereafter.

3. A student having completed their eligibility as defined by the school from which they came will not gain extra eligibility at a MAS school.

d. Grade Rule

1. Students in grades 8-12 are eligible for varsity competition.
2. Students in grades 6-10 are eligible for junior varsity competition.
3. Students in grades 5-8 are eligible for junior junior varsity (JJV) competition.

e. Multisport Participation.

In order for a student to participate in more than one school sport in a season, the student must be a regular member of both teams participating in practice for both sports and participation in at least two scheduled contests for both teams during the regular season.

f. Scholarship Rule

No student whose GPA for any marking period is not above 1.7 on 4.0 scale, and/or who is failing more than one course shall be allowed to participate in any athletic function of MAS.

g. Transfer Rule

1. Any student who transfers among MAS member schools during the summer months shall be allowed to participate in any and all association events and competitions, and to qualify for association teams.
2. Students who transfer within the academic year will forfeit eligibility for nine (9) calendar weeks after transfer, or until completion of the academic year, whichever is first. The nine weeks begins the date of the transfer.
3. Any student who transfers to one of our conference schools from a non-conference school shall be immediately eligible for athletic participation as long as other eligibility requirements are met.
4. Any student who transfers to one of our conference schools under the conditions listed below shall **not** be eligible to participate in athletics for a minimum period of nine (9) weeks from the date of matriculation:
 - i. being dismissed or expelled from previous school
 - ii. withdrawing from the previous school to avoid disciplinary action that could lead to dismissal or expulsion.

h. Athletic Participation/Parental Consent/Physical Examination Rule

1. A certificate of parental permission for participation is on file for each participating student.
2. No student may participate in any Association athletic function unless a certification of adequate health from a licensed medical practitioner is on file at the student's school.

i. Eligibility and Schedule Rule

1. Eligibility and schedule lists are to be completed and signed by the Chief Administrator or his representative.
2. The eligibility list must be sent to MAS secretary and to each association member played in that sport no later than five (5) days prior to the first game of the sport.
3. Failure to submit the eligibility list by the prescribed time will subject the school to a fine and/or forfeit as determined by MAS administrators.
4. Updates to the eligibility lists shall be made forty-eight hours prior to a student's initial involvement in an activity team/squad.
5. MAS schools shall complete an individual form for each international student-athlete each year. This form must be submitted to the president of the MAS and the Executive Director of VISAA by Oct. 1 or within 30 days of admission to the school. No international student-athlete is eligible until the form has been received and reviewed.

j. Eligibility Appeal Process

1. All appeals must be submitted only by MAS heads of schools.
2. An MAS head of school may appeal an eligibility rule if he or she discovers a possible valid reason for an exception. Any such appeal must be in writing and must set forth the specific reasons in support thereof. Such appeal should include all supporting information, including, but not limited to, reports by third party professionals, to enable the MAS heads of schools to make a fully informed decision.

The MAS head of school presenting the appeal shall not vote as a representative of the MAS heads of schools with respect to that individual school's appeal. The MAS heads of schools, after consultation with the MAS athletic directors, will make the final decision. The decision by the MAS heads of schools with respect to such appeals shall be binding.

3. The Appeals Process shall proceed as follows:
 - a. Within 10 business days of discovery of a student's MAS ineligibility, the involved MAS head of school must decide whether to present an appeal and, via email and by hard copy, alert the President and members of the MAS Executive Committee of the intent to appeal. (The Executive Committee is comprised by the president, vice president, secretary, and treasurer.)

The President of the MAS Executive Committee shall then immediately, via email, forward that notification of intent to appeal to all MAS heads of schools.

- b. The appealing MAS member school then has an additional 10 business days to submit the written appeal and all supporting documentation to the President of the MAS Executive Committee via email and by hard copy. The President of the MAS Executive Committee shall immediately forward the appeal and all supporting documentation to all MAS heads of schools via email

and hard copy and ensure that all materials were received.

c. Within 10 business days of electronic receipt of the written appeal and its supporting documentation, the MAS heads of schools, will decide the appeal, by an in-person majority vote. No later than 5 business days after the decision is made, the President of the MAS heads of schools shall, via email and by hard copy, communicate the agreed-upon decision to the head of the appealing MAS school.

4. Closure

If a student, through the above process, is determined to be ineligible and/or an appeal is rejected by the MAS, but the student participates in an MAS athletic contest under temporary or other court order, the contest will be forfeited and all team and individual awards/honors won during the period shall be forfeited and returned to the MAS.

The decision of the MAS heads of schools in the designated appeals process is final with no further appeals or litigation permitted.

K. **Eligibility in VISAA** - In alignment with VISAA, any student or school team ruled ineligible by the MAS conference is ineligible fro VISAA events.

2.18 **Recruitment of students:**

1. Coaches, teachers, administrators, other school employees or persons affiliated with a MAS member school shall not initiate contact with any student athlete for the purpose of encouraging the student to attend their school. Once a student and his or her guardians have made the initial contact with school's admission office and indicated their interest in the school, coaches or other representatives may approach the student about all school programs. This rule should not be interpreted as a restriction of the schools regular student recruitment programs (e.g., the use of newspaper advertisements, direct mail campaigns, media presentations and open houses). MAS member schools shall not inappropriately induce or proselytize a student to attend their school.
2. Recruitment by the means of Financial Aid is considered an inappropriate inducement. Financial aid given for transportation, room, board or tuition outside of a regular financial package is considered inappropriate. For the purposes hereof, a regular financial aid package shall mean financial aid pursuant to a financial aid procedure/plan that:
 - is in writing and on file in the school's administrative office;
 - has been approve by the board or governing organization of the school;
 - contains details qualifying the financial need criteria for aid includes all students in the grade structure of the school;
 - demonstrates through documentation the application and approval process of financial aid requests; and

- shows evidence of including non-athletes in the award process of financial aid.

2.19 **Conference game results**

Schools are required to communicate the results to the Secretary of the Athletic Directors each Monday of all master schedule games played by the member school during the previous week. Such calls are to be made by designated individuals who will also compile and disseminate the information. Failure to call as stated above will result in a \$10.00 fine per incident of negligence.

2.20 **Disciplinary Action(s)**

a. **Member schools may be disciplined for:**

- (1) Failure to fulfill conference commitments
- (2) Flagrant unsportsmanlike conduct by team members, coaches or spectators.

Ejections

Conduct that leads to an ejection or disqualification will be considered as serious unsportsmanlike conduct. Depending on the severity of the offense, a player or coach may be (1) warned, (2) placed on probation, or (3) suspended. These offenses are cumulative over the student's high school season in which the first infraction occurs. The ejection or disqualification of a coach will be considered on a case by case basis by the Executive Committee. (Note: MAS acknowledges that in some areas of player safety, a player may be disqualified from a contest for a safety rule violation (e.g., jewelry violation or batting helmet violation after a team warning). This type situation may not carry any additional penalty. As in all cases, it may be reviewed by the Executive Committee.

*Coaches/Players Ejection's during a conference game: Unsportsmanlike ejections will result in a one game conference suspension.

- (3) Willful violation(s) of the rules and regulations of the athletic division.

b. **Guidelines for a Player/Coach Ejection or Disqualification**

1. First Offense – If the disqualification is for unsportsmanlike, or flagrant illegal conduct, an official warning and a one game suspension will be assessed.
2. Second Offense – The player or coach is suspended until reviewed by the MAS Executive Committee.
3. Third Offense – The player or coach loses all eligibility for all MAS events for the remainder of the season. (Reinstatement may only be granted by the MAS Executive Committee.)

c. **Ejection/Disqualification Procedure.**

1. The MAS member school shall file a written report with the Executive Director of MAS and VISSA describing the incident that lead to the ejection or disqualification and the action take by the school to resolve the violation.
2. The MAS member school may file an appeal of the ejection of disqualification to the MAS Executive Committee.

3. If a player is to be suspended, suspension effects the next regularly scheduled game or playoff game.
4. Any MAS member school or coach that permits a suspended coach or athlete to participate in any MAS event in violation of a suspension will be subject to disciplinary action by the MAS Executive Committee, which may include but is not limited to suspension from MAS events for a specified period of time.

b. Procedures – Allegation of Misconduct

- (1) Disciplinary actions may be initiated by the Executive Committee or by a member school.
- (2) When initiated by a member, the allegation will be submitted in writing to the Athletic Chairman, within 72 hours of the violation, with a copy to all school involved who in turn present the matter to the Executive Committee. The Committee will either discuss the matter or conduct a formal hearing. If the complaint is dismissed, the Committee will also notify the complaining member. If a hearing is scheduled, all interested parties will receive a minimum notice of 48 hours.

c. Executive Committee powers and limitations

- (1) To give an official **WARNING** may be deemed in effect for a period of time specified by the Committee. A school receiving such a warning continues to be a member in good standing; however, school officials are expected to correct the condition that resulted in the warning. Should substantiated violations of the regulations occur during the specified period, the school would be subject to probation. Such violations are not limited to those originally resulting in the warning being given but encompass all rules and regulations.
- (2) PROBATION could be imposed for the disregard of an official warning or for an initial, but serious offense. The length of the probation is to be determined by the Executive Committee. During the probation, a school would continue to play conference games and such game results would be used in determining conference standings. However, such school(s) would NOT: Be eligible for the Conference title in a particular sport and no individual from the school would be eligible for awards in the sport.
- (3) SUSPENSION- For continued flagrant violations the Committee could recommend suspension; such suspension could be for a specific or an in definite amount of time. In order for such to be effective, the recommendation would have to be approved by fifty-one percent of all member schools excluding the school being disciplined. A special conference meeting would be called to discuss the recommendation and to vote. Notice of such meeting would be done by certified mail. Even though it may not vote, the school being disciplined has the right to send representatives to address the Conference.
- (4) EXPULSION- For flagrant violation while under suspension in any sport or for a deliberate flagrant violation which the Executive Committee believes probation or suspension is not a just punishment. Expulsion removes the school in

violation from the membership in MAS. Therefore, expulsion can only be a decision of the MAS Executive Board and must be a unanimous vote. See Article III of Constitution for duration of expulsion.

(5) REINSTATEMENT- a school expelled would be eligible to reapply for Athletic Status after a two-year period has elapsed following the disciplinary action. Application should be made in writing to the Executive Committee.

2.21 **Playing Time**

a. General

- (1) Maximum of four swing players may play both ways (JV/Varsity)
- (2) No swing players may start at the higher level.
- (3) No varsity starter may play a JV game. (Applies for JV/JJV).
- (4) JJV players playing JV will follow the same requirements as a JV player who also plays varsity.
- (5) JJV and JV do not end their season with their tournament. Rules still apply to post-season varsity play.
- (6) Athletic Directors can make a determination regarding special circumstances.

b. Basketball

- (1) Players can play 4 junior varsity quarters and 2 varsity quarters. But they cannot play in the 1st quarter of the Varsity game.
- (2) J.V. and J.J.V. players should be noted in both books.
- (3) Overtime is considered a quarter.

c. Soccer

- (1) J.V. players are limited to playing in **only** the first or second half of the Varsity soccer game. (In an Overtime period: A player who plays in one half of a soccer game will be ineligible to play in an overtime period).
- (2) Overtime:
For JV or Varsity level: no overtime is allowed in the regular season. For tournament: Two full 10-minute halves will be played; if still tied, then a FIFA 5 goal shoot out will be conducted (There will be no sudden death goals in overtime).

d. Volleyball

- (1) J.V. players may not play in the 1st game of a Varsity match.
- (2) J.V. players are limited to 3 out of the 5 games of a varsity match.

e. Baseball/Softball

- (1) Pitchers in the Varsity team may not pitch for the J.V. team.
- (2) Baseball pitchers are limited to 10 innings pitched on consecutive days. Softball pitchers have unlimited innings.
- (3) The "Slaughter rule" is in effect. 10 run rule after the fifth inning..
- (4) J.V. players are limited in Varsity games.
(i.e. three innings for a five-inning game. Four innings for a seven inning game.)

2.22 **Play-offs & Tie breakers**

a. Tie breakers- The following will be used to determine seeding in conference tournaments when two teams are tied in the standings. This tie breaker system applies to all sports and all levels (JJV, JV, and Varsity). These tiebreakers will be utilized to determine seeding in the order in which they appear.

- (1) Regular season head-to-head results.
- (2) If the two tied teams split their regular season games, the tie is broken by comparing each team's records against the team occupying the highest position in the standings, and then continuing down until one team gains an advantage.
- (3) If three or more teams are tied, the combined record of each team against the other teams involved is used to break the tie. After this procedure, if two teams remain tied procedure (2) is followed.
- (4) If procedures (2) and/or (3) fail to establish an advantage, then use record against common opponents from outside the Metro Conference.
- (5) If procedure (4) fails to establish an advantage, a coin flip to break the tie will be conducted by the President or his/her designee(s).

If two teams are tied for the final spot in the tournament, a “play in game” will be used to determine which team qualifies for the tournament.

b. Participation based on 9-team conference

- (1) Basketball
 - (a) J.J.V. tournament- all teams advance
 - (b) J.V. tournament- top 4 teams advance to the tournament
 - (c) Varsity tournament- all teams advance to the tournament
- (2) Soccer- top four-team advance - J.V. and Varsity tournament
- (3) Volleyball- all teams advance - J.V. and Varsity tournament
- (4) Softball/Baseball- top 4 teams advance - J.V. and Varsity tournament

c. Pairings

- (1) Four team tournament - 1 vs. 4 & 2 vs. 3
- (2) Eight team tournament – 1 vs.8, 2 vs. 7, 3 vs. 6, and 4 vs. 5

d. Tournament Location (all sites will be predetermined at the February meeting.

- (1) Soccer - tournament games are to be played at the field of the highest seeded team. Championship game will be at the volleyball tournament.
- (2) Basketball - tournament will be played at a conference school on a rotating basis. Only schools with sufficient seating facilities will be considered.
- (3) Volleyball - tournament will be played at a conference school on a rotating basis.
- (4) Baseball/softball - tournament games are to be hosted by the highest seeded teams (subject to approval). Championship sites will be determined at the Feb. meeting.

e. Eligibility requirement's for play-offs

Teams become ineligible if they fail to fill a team at the next level.

Example: If there is no varsity team, JV cannot be eligible for JV play-offs.

Trophies will be given depending upon the number of teams participating in conference play.

a. Basketball, Soccer, Volleyball, Baseball and Softball

- (a) Each JJV team will receive:
 - 1. 1st, 2nd place tournament trophies only.
- (b) Each JV team will receive:
 - 1. 1st and 2nd place conference trophy
 - 2. 1st and 2nd place tournament trophy
- (c) Each Varsity team will receive:
 - 1. 1st place in conference will receive the traveling trophy and 2nd place team will receive a runners up trophy.
 - 2. 1st and 2nd place tournament trophy.
- (d) Golf will receive 1st and 2nd place tournament trophies only.

b. Individual awards

- (e) JJV and JV – none
- (f) Varsity boys and girls basketball, girls volleyball; 12 players all conference selections.
- (g) Varsity Soccer (Boys and Girls); 13 all conference and 7 second team players.
- (h) Varsity baseball and softball; 12 all conference and 5 honorable mention players.
- (i) Golf; 8 tournament winners at the end of the tournament will receive 7 all conference awards, with the golfer attaining the lowest score receiving MVP honors.
- (j) Cross Country – 10 All Conference players

c. Presentation of awards - The awards will be presented by the Chairman of or his representative . J.V. awards will be given after the conclusion of their championship game. Varsity awards will be given after the conclusion of the championship game.

d. All Academic Team

Each year we will select an all academic team based upon these guidelines:

- a. One team will be selected each year.
- b. The team will consist of one male and one female from each school.
- c. The player must be a junior or senior with a cumulative minimum GPA of 3.2.
- d. The player must play two varsity sports in the fall/winter seasons of the current year and the spring of the previous year.
- e. Each team member will be presented a plaque at the awards ceremonies after the basketball tournament.

2.24 All-Conference Voting

- a. Only applies to Varsity sports. (see 1.01)
- b. Each team must submit at least 3 players at the coaches selection meeting held prior to the tournament game.
- c. By a vote of the varsity coaches playing the master schedule will be named on the All Conference Team.

- d. Each school is required to have its head coach at this meeting in order to vote for the selection. If coach is unable to attend for emergency reasons, the athletic directors must approve an alternative representative.
- e. MVP will be discussed and voted on before any other all conference individuals are voted on.
- f. Ties will be broken by a vote of the coaches.
- g. An athletic director must be present in each of the coach's meetings.
- h. All Conference Teams are subject to the approval of the executive committee.

2.25 Tournament host schools

- a. We will pay the host school a rate of \$100 a day for operational expenses for all tournaments requiring multiple games.
- b. All gate money that is collected from the conference tournaments will be collected by MAS.
- c. All concession money will go to the host school.
- d. If held at neutral site, all gate and concession monies are to be negotiated.

2.26 Coach award

- a. Regular season coach of the year award will be presented for each Varsity sport.
- b. Coach of the year will be voted on by the coaches during the All-Conference voting (see 1.01).

2.27 Cheerleading

- a. Cheerleaders must remain in the bleachers during playing time of the games.
- b. Cheerleaders of member schools will compete against each other during the varsity boy's basketball tournament.
- c. Independent Judges will be used for the judging of cheerleader competition with the Conference paying for the independent judges. There will be three judges that are selected by the Athletic Directors to judge the competition. (Cost: \$75 for each judge)
- d. Rules governing the cheerleading competition will be determined by the sponsors prior to the conference competition. The rules of competition must be approved.
- e. Trophies will be given to 1st and 2nd place winners for J.J.V., J.V. and Varsity.
- f. Ten all-conference individual awards will be selected and one MVP award.
- g. Three individuals from each team can compete in varsity competition.
- h. Entrance fee will be a \$4 adults and \$2 student.
- i. Music will be allowed up to 1 minute without lyrics during the competition and this is during stunting only.
- j. Winning team will be performing during halftime of the championship game
- k. JV individuals can participate up on the varsity team if their JV squad is not competing.
- l. The cheerleading squads are limited to 15 members for Metro competition.
- m. There will be a separate division for co-ed teams, effective in the 2004-2005 school year. This division will only be available, however, if there are at least three schools participating. In the event there are not three participating teams, schools with co-ed teams can elect to compete without male team members or not at all.

2.28 Code of Ethics

Metro Athletic Conference Sportsmanship Code

As players, coaches, spectators, and parents of a member of the MAS Conference League, we strive to observe the following ideals of sportsmanship:

- 1) We will treat the officials, opposing teams and spectators as guests of our school.
- 2) We will respect the property and reputation of our competitor as well as that of our own school.
- 3) We will refrain from detrimental or derogatory remarks during free throws or any part of the game, and will not bring noisemakers to basketball, volleyball or any other games.
- 4) We will stay off the playing field and courts during events.
- 5) We will not at anytime boo or taunt the officials or opposing players.
- 6) To reinforce the intent of the sportsmanship code, teams are expected to shake hands at the end of each athletic contest.
- 7) All violations of the sportsmanship code should be reported to the league office.

This will be read before each game that has a PA system:

As fans or supporters it is our job to cheer the strengths and victories of our team, not attempt to denigrate the performance of our opponent or the officials. We must not display any derogatory comments such as booing or any other displays of un-sportsmanlike conduct during any part of the game to the opponents or officials. Please respect the players, coaches, officials and spectators of each team.

2.29 Financial Policies/Procedures

- a. Each school that hosts a MAS tournament is to collect payment for the event (\$5 for adults; \$2 for students) Sports included are volleyball, soccer, basketball, cheerleading, baseball, and softball. These fees apply to all who attend. (MAS school employees are not exempted as they are for regular season play.) Coaches, players, administrators, cheerleaders, team workers are exempt from this fee.
- b. All requests for payments are to be approved by the Head of the Athletic Directors.
- c. At summer meetings each year, the next year's budget will be presented by the Athletic Directors to the Administrators.
- d. After each tournament, a Financial Event Report is to be completed and sent to the MAS Treasurer.